



**An intercultural sharing opportunity with two North American First Nation elders. Your itinerary will evolve fluidly out of the relationships that occur. The experience could include: various stories, musical gatherings or sharing circles around the fire; nature based activities, wellness ceremonies; prayer and meditation practices; solo time; traditional teachings; day hikes or medicine walks. Meals will either be prepared with the elders at the Konkurra or at the long house or we will eat with the other guests in the main lodge.**

**4 days/3 nights  
Intercultural sharing about relationships**

#### **SAMPLE PROGRAM:**

**Day 1 – Arrive at the Wilderness Centre** by 5:00 p.m. After preliminary introductions with staff, facilitators, and First Nations Elders, a hot evening meal will be served in the main lodge. After dinner, we will discuss more about the coming intercultural experiences, and then the evening is yours to relax at the Wilderness Centre.

**Day 2-3 - Introduction to nature and community-based way of life:** These two days are spent around the Wilderness Centre, or the surrounding landscape, participating in various intercultural sharing and relationship experiences with **two North American First Nations elders; one female, one male.** Possible experiences could include: various nature or medicine walks; nature awareness or inter-cultural sharing activities based on traditional teachings; wellness ceremonies; traditional earth and wilderness skills; and traditional campfire gatherings with camaraderie, stories, and music.

All experiences will introduce you to an important nature and community-based way of life, as well as traditional perspectives specifically about relationships. The days evolve out of the relationships that occur in a traditional way, so there is no set schedule, and the experiences themselves end up being different for each person

or couple. Therefore, we cannot say how it will all turn out; it always turns out exactly the way it is supposed to, for everyone to powerfully get out of it exactly what they are meant to.

**Day 4 - Departure:** After one final breakfast together, we part ways until next time.

**Price per person - double occupancy  
from CAD 1.125 + tax**

#### **Gift and donation for Elders**

*\*Elders receive no remuneration from the Wilderness Centre for their services as being waged to share their ancestral knowledge would go against their culture. Traditionnally, Native people have offered generous gifts to Medicine Men in exchange for their teachings and their help. Visitors to the Wilderness Center are asked to follow this tradition. Please do not hesitate to contact us for more information.*

**Dates:** On request. Please contact us for more details.

**Prices are subject to change without notice. All prices are in Canadian funds and are subject to applicable taxes.**



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